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| STeps to advocacy  1. Know what your disability is and how it effects your life. 2. Know what strategies and accommodations will help with your disability. 3. Set up a meeting with a supervisor or boss in private. 4. Explain your disability and what accommodations you need in a calm friendly tone. 5. Remember to document |  | Michelle Steiner Disability writer, advocate and speaker Find me at <http://michellesmission.blog/>  [Msteiner441@gmail.com](mailto:Msteiner441@gmail.com)  <https://www.instagram.com/steiner7250/> |  | How to be AN ADVOCATE  Advocacy is an important skill for people with disabilities. Learning how to be a self-advocate was so important with my disability. It gave me a voice and helped me to be able to speak up for myself. Advocacy may seem like an overwhelming task. Following the simple steps to Advocacy makes it easier. Learning how to advocate is a skill that gets easier with time and practice. |

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| Use icons to add visual interest Magnifying glassusing Icons Insert some icons here to make your points. To insert a new on, go to the Insert ribbon and select icons. Scroll through the Microsoft built in icons and choose the one you want. Bar chartfinding the Icons To change the icon, select it, then do a right mouse click. Choose “Change Graphic” from the menu. Select From Icons to update to a different Microsoft built in icon. UserFormatting Icons You can change the colour of the icon to suite, then drag and drop it in place. |  | Make It Yours To get started right away, just select any placeholder text (such as this) and start typing to replace it with your own. Get the exact results you want To easily customize the look of this brochure, on the Design tab of the ribbon, check out the Themes, Colors, and Fonts galleries. Have company-branded colors or fonts? No problem! The Themes, Colors, and Fonts galleries give you the option to add your own. |  | “Insert a quote here”  - Quote source - |